

Муниципальное Бюджетное Общеобразовательное учреждение  
«Гимназия №3»

**Экстремальный спорт**

Учитель английского языка

МБОУ Гимназия №3

Пупова Екатерина Владимировна

Г. Шарья

# Sport



Sport is fun for boys and girls.

Its much better than the toys.

You can sledge, and ski, and skate,

And play snowballs with Kate.

You can swim and play football,

Hockey, tennis, basketball.

You can jump and you can run.

You can have a lot of fun.



# Proverbs and quotations about sport and health

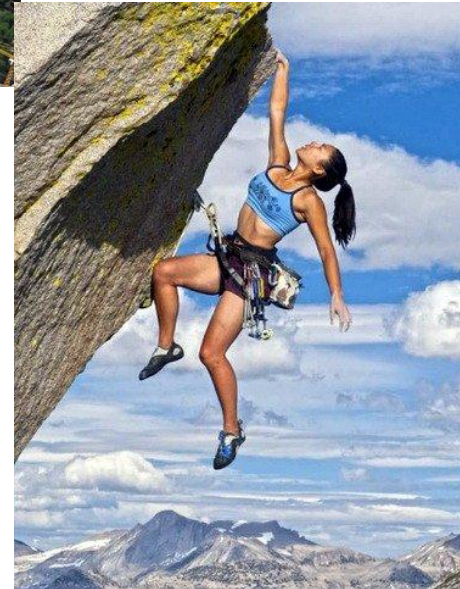
- 1) I am always doing that which I cannot do, in order that I may learn how to do it.

Pablo Picasso

- 2) A healthy mind in a healthy body
- 3) Wealth is nothing without health
- 4) Those who do not find time for exercise will have to find time for illness

Robert F.Kennedy

# Extreme sports





- **Diving** – underwater swimming
- **Rafting** –travelling on a raft down mountain rivers and waterfalls
- **Skydiving** –jumping from a plane with a parachute
- **Surfing** – riding the waves on a special board
- **Skateboarding** – riding skateboards jumping and doing different tricks on them
- **Mountain biking** – riding bikes on dangerous rocky or mountain roads
- **BASE jumping** - jumping with a parachute from any high place buildings/ bridges/ cliffs



Okazii.ro



# Sinkveyn

- 1) the noun
- 2) two adjectives to your noun
- 3) three verbs to your noun
- 4) the meaningful sentence
- 5) emotional attitude

# Sports and Extreme sports

- Do you like sport? What sports do you like?
- Do you go in for sport? What sport do you prefer?
- How do you think sport is useful or not? Why?
- What arguments can you name for and against of sports?